Homemade Canine Kidney Disease Diets

Egg and Potato Diet

large egg, cooked
 cups potato, boiled with skin
 tablespoon chicken fat or canola oil
 ¹/₂ calcium carbonate tablets (600 mg calcium)
 ¹/₂ canine multiple vitamin-mineral tablet

Provides 600 kcal. Supports needs for 18 pound dog

Chicken and Potato Diet

¹/₄ cup cooked chicken breast
3 cups potato (boiled with skin) or rice
2 tablespoons chicken fat or canola oil
1 ¹/₂ calcium carbonate tablets (600 mg calcium)
¹/₂ canine multiple vitamin-mineral tablet

Provides 689 kcal. Supports needs of a 21 to 22 pound dog

Can substitute 2 ounces lean ground beef (raw weight) cooked for the chicken. This would provide 737 kcal and support the needs for a 23 to 24 pound dog.

Egg and Tapioca Diet

3 eggs, large hard-boiled
2 cups tapioca, cooked (125 grams before cooking)
1 tablespoon chicken fat or canola oil
1 ¹/₂ calcium carbonate tablets (600 mg calcium)
1¹/₂ canine multiple vitamin-mineral tablet

Provides 779 kcal, supports needs for a 25 pound dog

Can substitute 4 ounces lean ground beef (raw weight), cooked and 2 tablespoons of chicken fat to above diet. Proves 845 kcal and supports needs of a 28 pound dog.

Chicken and Tapioca Diet

¹/₂ cup cooked chicken breast
2 cups tapioca, cooked (125 grams dry before cooking)
2 tablespoons chicken fat or canola oil
1 ¹/₂ calcium carbonate tablets (600 mg calcium)
¹/₂ canine multiple vitamin tablet

Provides 763 kcal and supports a 24 to 25 pound dog

Source: Joe Bartges, DVM, PhD, DACVIM, DACVN, The University of Tennessee via Donald R. Strombeck, DVM, PhD