

# Homemade Restrictive Diet Treat Recipe

All recipes yield approximately two dozen treats!

## **BAKED**

*Using canned food:*

1. Open the can and shake the loaf of food out of the can.
2. Cut the loaf into 1/4" thick slices, and then cut the slices into bite-sized pieces.
3. Bake the treats in a microwave oven on high for approximately 2½ to 3 minutes.  
**OR** For a conventional oven, follow the instructions above and place the bite-sized pieces on an ungreased cookie sheet and bake at 350 degrees for approximately 30 minutes or until crispy.
4. Store baked treats in the refrigerator and discard leftovers after 5-7 days.
5. Homemade treats should not exceed 10% of your pet's total daily intake because heat alters the nutritional characteristics of the food.
6. Do not freeze homemade treats.

*Using Dry Food:*

1. In a blender, add 2 cups of dry food and grind into a powder.
2. Pour powder into a mixing bowl and gradually add about 1 to 1¼ cups of water, stirring until it forms a dough consistency.
3. Shape into individual "treats" or "cookies" and flatten the dough using the back of a spoon (the cookies will not flatten like standard "people cookies" do.)
4. Place treats on an ungreased cookie sheet and bake in the oven at 350 degrees for approximately 30 minutes or until crispy.
5. Store baked treats in the refrigerator and discard leftovers after 5-7 days.
6. Homemade treats should not exceed 10% of your pet's total daily intake because heat alters the nutritional characteristics of the food.
7. Do not freeze homemade treats.

## **FROZEN**

CN Canine/Feline food cannot be made into homemade treats using the above recipes however you can use the following recipe for homemade treats for CN. This frozen recipe can also be used for any of the other diets.

- Roll the canned food into little balls and place in the freezer to serve later as a frozen treat.